



### **Dr Pedro Arteché**

Pedro graduated in Dentistry (BDS) from Universidad Alfonso X El Sabio - Spain - in 2003. Ever since, he focused his interest in the field of Orthodontics, taking part in several courses until completing with distinction a Master of Science degree in Orthodontics from Universidad CES – Colombia.

He is registered in the specialist list of the General Dental Council and is an active member of the American Association of Orthodontists and the World Federation of Orthodontists.

He offers a wide variety of treatment options to suit everyone's needs like cosmetic braces, Lingual braces and Invisible aligners. He is very experienced using the Damon system while being Invisalign, Inman aligner and Harmony certified.

We are proud to have Dr Pedro Arteché in our team and he now provides orthodontic treatments at the Practice.

**FEES** (The price includes: radiographs, study models, photos, fixed appliances and retainers)

Type	Price
Conventional Metallic	£1400 per arch
Conventional Ceramic	£1650 per arch
Self Ligated Damon Metallic	£1800 per arch
Self Ligated Damon Clear	£2000 per arch
Invisalign	From £2500

\* Prices may vary in some cases.

Payment by monthly instalments available . Please contact us for more details .

For **FREE** Consultation

Contact us on

**Tel: 020 7700 7005**

**Email: [n7dc@n7dental.co.uk](mailto:n7dc@n7dental.co.uk)**



## *Patient Information*

**Orthodontic Treatment**  
Teeth Straightening

**“We will keep you smiling”**

**FREE**  
Consultation

[www.n7dental.co.uk](http://www.n7dental.co.uk)

## REASONS FOR HAVING BRACES

Smiles are a big part of our identity, how we feel about ourselves and how others perceive us. In a recent survey, of more than 1,000 (age 18 and over), 72% of the respondents agreed that. Conversely, nearly half said that crooked teeth leave a negative first impression.

Fixed appliances can improve your smile in some cases in as little as 6 months, and provide you with results and benefits that last a lifetime.

- Healthier teeth and gums
- Confidence to excel in school, work and personal life
- Broader smile
- Enhanced facial features
- Clearer speech for interviews, public speaking,



## HOW LONG DO I WEAR BRACE?

Treatment times will depend on the kind of malocclusion that you have, the treatment approach and the type of braces you choose to wear. Mild problems can be sorted in 3 to 6 months, while moderate to severe cases are in average 18 months with conventional braces. Self-ligating braces can reduce treatment times by 3 to 6 months and often need fewer review appointments.

## Improve your Health

A nice smile is not only beautiful, it also promotes good health:

- Straight and evenly spaced teeth are easier to keep clean, resulting in better oral health.
- Properly aligned teeth chew more efficiently, which may help digestion.
- Aligned teeth create a better bite, which may reduce stress, headaches, and strain on your supporting bone and tissue.
- According to the American Association of Orthodontists, crooked and crowded teeth are hard to clean and maintain. This may contribute to conditions that cause not only tooth decay but may lead to gum disease and tooth loss.

When left untreated, many minor orthodontic problems may become worse, contributing to abnormal wear of tooth surfaces, inefficient chewing, excessive stress on gum tissue, and misalignment of the jaw joints. This can all lead to chronic headaches or pain in the face or neck. Treatment by a specialist to correct minor orthodontic issues are often less costly than the additional dental care required to treat more serious problems that can develop in later years.

So, no matter what age you are it is never too early (over the age of 8) or too late to invest in braces and ultimately invest in yourself.

## DOES IT HURT?

You will feel discomfort on the days of having the braces tightened once a month. Once again it will depend on the difficulty of your case. The new orthodontics appliances ensures greater comfort throughout treatment. With the self-ligated braces the forces applied are lighter and is far more comfortable.

## WILL I NEED TEETH PULLED?

If your teeth are too crooked you might need to have some teeth taken out. With conventional braces, orthodontists are often forced to pull teeth in order to create space for crowded teeth. With the use of self-ligated braces there is more chance to treat your case without extraction but there are cases which always require extraction. The space is made to improve facial balance and symmetry to provide a natural smile and profile.

## BRACES

**Metallic braces:** Conventional braces made with metal. The wires are held into the bracket with elastics and/or metallic ligatures.

**Clear braces:** The aesthetic option for conventional braces, made with sapphire.

**Damon self-ligating braces:** Low friction braces. They are faster, more comfortable and produce more expansion than conventional braces, reducing in many cases the necessity for extractions. <http://uk.damonbraces.com>

**Lingual braces (Harmony):** These braces are fitted to the inner surface of the teeth and are the gold standard in invisible orthodontics. <https://www.myharmonysmile.com>

**Invisalign:** Clear removable aligners that are custom-made specifically for your teeth. <http://www.invisalign.co.uk>